



# Ponoka Elementary School

*Principal: Mr. Tim Bowman*

*Assistant Principal: Mrs. Rolanda Eadie*

5510-48 Ave. Ponoka, Alberta T4J 1N7

Phone: (403) 783-3583 Fax: (403) 783-6094



## Swimming – Grades 1-6

Swimming for grades 1-6 will begin in May and continue into June. A calendar with specific swim times for each homeroom class is attached and is also on the yearly calendar on the school webpage.

Swimming is part of our Physical Education program. The students will be involved in swimming lessons and work towards achieving a swimming badge. The lessons are taught by qualified instructors.

We will be working with the pool staff to make sure your son/daughter is put in the correct swimming level. Please note the Red Cross Swim Kids Program uses levels 1-10 but a new program came out in July 2017 called the Swim for Life by the Lifesaving Society and uses levels 1-6. Please check with the Ponoka Aquaplex staff if you are not sure about swimming levels or have other questions.

**Please complete the information section at the bottom of this page and the parental consent form on the back of this page. We need this information by Thursday, April 12, 2018.** Swimming information is required by the Aquaplex staff well in advance. Please send consents and swim information/cards to the homeroom teacher.

Sincerely,  
Mrs. R. Eadie

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**Child's name:** \_\_\_\_\_ **Homeroom:** \_\_\_\_\_

Please check or fill in.

\_\_\_\_\_ My child has never taken swim lessons.

\_\_\_\_\_ My child has not taken swim lessons but has participated in a swim club program.

\_\_\_\_\_ My child has taken lessons and has **completed** Level \_\_\_\_\_ of the Red Cross Swim Kids program.

\_\_\_\_\_ My child has taken lessons and has **completed** Level \_\_\_\_\_ of the Swim for Life Lifesaving Society Program.

\_\_\_\_\_ I am enclosing my child's swimming record. Yes No



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Dear Parents & Guardians,

Our school will be participating in five one hour swim lessons at the Ponoka Aquaplex in May and June. Please see the attached calendar for specific dates and times for each grade. This information can also be found on our website. Students will be walking to the Aquaplex and will be supervised by their teacher. All lessons are instructed by a qualified Swim for Life instructor from the pool. Please provide a note if your child cannot participate in lessons due to medical reasons.

Please ensure that your child has appropriate swim attire and a towel for each swim session. The lessons are a part of your child's Physical Education classes and your school fees includes these lesson fees..

## **Elements of Risk:**

Educational activity programs can involve certain elements of risk. Injuries may occur while participating in this activity. The following list includes, but is not limited to examples of the types of injury, that may result from participating in the event;

1. Injuries sustained while walking to and from Ponoka Aquaplex.
2. Injuries sustained as a result of not following the directions of a supervisor.
3. Injuries sustained while attending activities at Ponoka Aquaplex.

Sincerely,

Mrs. Rolanda Eadie

**ACKNOWLEDGEMENT/PERMISSION- Must be signed by a parent or guardian for the child to attend.**

We have read the provided information above about the field trip and its educational purpose, location, transportation, duration etc., and we understand the risks.

I, (parent name)\_\_\_\_\_ understand the risks and give permission for my child

\_\_\_\_\_ to participate in the swimming lesson as described above.

Signature of Parent/Guardian\_\_\_\_\_ Date\_\_\_\_\_

